



# PARENTING PROGRAMMES IN HAMMERSMITH AND FULHAM

## SPRING TERM – JANUARY TO APRIL 2010



### GROUPS FOR PARENTS OF CHILDREN AGED 5 YEARS & UNDER

CENTRE	COURSE DETAILS	DATES / CRECHÉ	CONTACT
<b>Broadway Children's Centre</b> , 49 Brook Green W6 7BJ	<b>Triple P Parenting Programme</b> For parents of children accessing Broadway and from local area.	Tuesday 2nd Feb – 23rd March 10am – 12pm <b>CRECHÉ ✓</b>	Donna McAlister 020 7605 0890
<b>Cathnor Park Children's Centre</b> 1 Melina Rd, W12 9HY	<b>Starting Point (Triple P)</b> For parents of children accessing Cathnor Park CC.	Wednesday 13th Jan 1 – 3pm for 8 weeks <b>CRECHÉ ✓</b>	Jane Powl 0208 740 2000
<b>Chelsea Methodist Church</b> , 155a Kings Rd SW3 5TX	<b>Jigsaw Club Drop-In</b> Discussions on parenting related issues. Run by West London Action for Children.	Every Wednesday 11 – 2:30 (term time only) <b>CRECHÉ ✓</b>	Cecilia Desmond 020 7352 1155
<b>Fulham South Children's Centre</b> Broughton Rd, SW6 2LE	<b>Positive Parenting Course (Triple P)</b> For parents with a child under 5 years.	4 week course: 20th & 27th Jan, 10th & 17th March <b>CRECHÉ ✓</b>	Pamela Henry 020 7736 5173
<b>Masbro Children's Centre</b> 87 Masbro Rd W14 0LR	<b>Positive Parenting Group (Triple P)</b> For parents with a child under 5 years living in the borough. <b>Arabic speaking worker supports the group.</b>	Please call for details <b>CRECHÉ ✓</b>	Jude Wood 020 7605 0800
<b>Melcombe Children's Centre</b> Fulham Palace Rd W6 9ER	<b>Parent Time (Triple P)</b> For Children's Centre parents as well as parents with children attending schools in the local area.	Monday 8th Feb – 29th March. 1.15 – 3.15pm <b>CRECHÉ ✓</b>	Adrienne Ellery 020 8748 2939
<b>Normand Croft Children's Centre</b> Bramber Rd, W14 9PA	<b>Positive Parenting Group (Triple P)</b> For parents from Normand Croft and Rouzanna Children's Centres.	Tuesday 23rd Feb for 6 weeks 9:30am <b>CRECHÉ ✓</b>	Frances Patterson or Andrea Hazzard 020 7385 6847
<b>Old Oak Children's Centre</b> , 76 Braybrook Street, W12 0AP	<b>Positive Parenting Group (Triple P)</b> For local parents with a child under 5 years.	Please call for details <b>CRECHÉ ✓</b>	Jackie Walton 020 8740 8008
<b>Randolph Beresford Children's Centre</b> Australia Rd W12 7PH	<b>Group Triple P:</b> For parents of children attending local schools and Children's Centre. Run in conjunction with <b>Wormholt Park School.</b>	Thursday 28th Jan – 17th March <b>CRECHÉ ✓</b>	Marsha Garnet 020 8743 7339
<b>Shepherds Bush Families Project</b> 58a Bulwer St W12 8AP	<b>Strengthening Families, Strengthening Communities</b> For parents accessing Shepherds Bush Families Project and from the local area.	Tuesday 23rd Feb for 12 weeks 12:15 – 2:45pm <b>CRECHÉ ✓</b>	Maurizio Fallarino 020 8749 2371
<b>Wendell Park Children's Centre</b> Cobbold Rd, W12 9LB	<b>Promoting Positive Parenting (Triple P)</b> Open to Children's Centre parents and also parents with a child attending the school.	Late January start. Please call for details <b>CRECHÉ ✓</b>	Jo Gregory 020 8743 1372



### GROUPS FOR PARENTS OF CHILDREN AGED 4-11 YEARS

CENTRE	COURSE DETAILS	DATES	CONTACT
<b>Addison Primary School</b> Addison Gardens W14 0DT	<b>Triple P Group</b> For parents of children attending Addison, Avonmore, Larmenier, Sacred Heart, Lena Grdns & St Mary's Primary Schools.	Please call for details	Velma Campbell 020 7603 5333
<b>Flora Gardens Primary School</b> Dalling Rd, W6 0UD	<b>Strengthening Families Strengthening Communities</b> For parents of children aged 3-18 years.	Monday 25th Jan for 13 weeks 9:30 – 12:30	Ellie Suggate 020 7605 0191
<b>Fulham Primary School</b> Halford Rd, SW6 1JU TBC	<b>Family Action Triple P Group</b> Open to all parents living within the borough.	Please call for details	Vroni Nietzold 020 7386 1399
<b>Langford Primary School</b> Gilstead Rd SW6 2LG	<b>Positive Parenting Group (Triple P)</b> For parents of children attending Langford and New Kings Schools.	Please call for details	Pauline Oliver 020 7736 2318 or Collette Deleon 020 7736 4045
<b>Melcombe Primary School</b> Fulham Palace Rd W6 9ER	<b>Parent Time (Triple P)</b> For parents from Melcombe School and Children's Centre as well as Queens Manor, Sir John Lillie, St John's & St Thomas's Primary Schools.	Monday 8th Feb – 29th March. 1.15 – 3.15pm	Adrienne Ellery 020 8748 2939
<b>Randolph Beresford Children's Centre</b> Australia Rd W12 7PH	<b>Triple P Group</b> For parents of children attending: Bentworth, Canberra, Jack Tizard, Kenmont, Old Oak, Pope John & Wormholt Park Schools. Run in conjunction with Wormholt Park School.	Thursday 28th Jan – 17th March	Marsha Garnet 020 8743 7339
<b>St Stephen's C of E Primary School</b> Uxbridge Rd W12 8LH	<b>St Stephen's &amp; St Paul's Triple P Group</b> For parents of children attending: Brackenbury, Flora Gardens, Greenside, John Betts, Miles Coverdale, St Pauls, St Peters, St Stephens & Good Shepherd.	Beginning Tuesday 2nd Feb.	Uz Afzal 020 8237 4984 or Natasha Joahill 020 8743 4483
<b>Wendell Park Children's Centre</b> Cobbold Rd, W12 9LB	<b>Promoting Positive Parenting (Triple P)</b> Open to Children's Centre parents and also parents with a child attending the school.	Please call for details	Jo Chadwick 020 8743 1372
<b>West London Action for Children</b> 15 Gertrude St SW10 0JN	<b>Parentalk</b> For parents of children aged 3 – 11 years, focusing on parenting skills.	Please contact direct for details	Emma Flanagan 020 7352 1155



### GROUPS FOR PARENTS OF CHILDREN & YOUNG PEOPLE AGED 12 YEARS PLUS

CENTRE	COURSE DETAILS	DATES	CONTACT
<b>Henry Compton School</b> Kingwood Rd SW6 6SN TBC	<b>Positive Parents Group (Triple P)</b> A borough wide group run by the Targeted Youth Support Team.	Thursday 25th February – 29th March	Katie Bond 020 8753 3774
<b>TBC</b>	<b>Strengthening Families Strengthening Communities</b> For parents of children aged 3-18. Run by Family Action.	Please call for details	Family Action Nadia Kabia 020 7386 1399
<b>West London Action for Children</b> , 15 Gertrude St SW10 0JN	<b>ParentTeen</b> For parents of young people aged 12 to 18 focusing on skills and relationships.	Please contact direct for details	Jennifer Allen 020 7352 1155



### ONE-TO-ONE PARENTING SUPPORT

CENTRE	COURSE DETAILS	CONTACT
<b>Children's Centres, Schools and the Family Support Team</b>	<b>1-2-1 Triple P</b> parenting support is available in a range of centres and schools across the borough – please call for details.	Ellie Suggate 020 7605 0191
<b>Connexions</b> 181 King Street, W6 9JT	<b>Monthly Parent Drop-in</b> for parents of young people, last Tuesday of the month, starting 23rd Feb. Triple P trained staff.	Shaheen Kazi 020 8741 2441
<b>The Masbro Centre</b> 87 Masbro Rd, W14 0LR	<b>Evening 1-2-1 Parenting Support (Triple P)</b> for parents in full time work or education	Ellie Suggate 020 7605 0191
<b>Normand Croft Community Centre</b> Bramber Rd, W14 9PA	<b>Family Action 1-2-1 Triple P</b> parenting support for parents of children of all ages. Appointments in the home or at the centre.	Family Action 020 7386 1399



### SUPPORT FOR PARENTS OF CHILDREN WITH SPECIAL NEEDS OR DISABILITY

CENTRE	COURSE DETAILS	CONTACT
<b>Various – please call for details.</b>	The borough has a range of support for parents of children and young people with special needs, including parenting support from local Children's Centres, Special Schools, statutory and voluntary organisations. Please telephone to discuss your specific needs.	Ellie Suggate 020 7605 0191



### ACTIVITIES FOR YOUNG & TEENAGE PARENTS

CENTRE	COURSE DETAILS	CONTACT
<b>Local Children's Centres:</b> Old Oak Flora Gardens Fulham South	<b>Bump 2 Baby Groups</b> Term time Bump 2 Baby groups for young mums and their children running in the north, central and south of the borough. Groups will cover money management, parenting skills, health, relationships and much more.	Sabrina Hippolyte 07770 792 847