

# Beware of Scams



## Points to Practice Online

to protect yourself from becoming a victim of scams

Things you can do and things to be mindful of when online.

- Be wary of unsolicited emails and texts offering questionably good deals, and never respond to messages that ask for your personal or financial details.
- Don't click on the links or attachments in suspicious emails
- Genuine organisations would never contact you out of the blue to ask for financial details such as your PIN or full banking password.
- **Stop:** Taking a moment to stop and **think before** parting with your money or information could keep you safe.
- **Challenge:** Could it be fake? It's ok to reject, refuse or ignore any requests. Only criminals will try to rush or panic you.
- **Protect:** Contact your bank immediately if you think you've fallen for a scam and report it to Action Fraud.



## For Advice on Scams Prevention

**Citizens Advice Consumer Helpline – 0808 223 11 33**

**To report a scam call Action Fraud – 0300 123 2040**

**Contact your bank if you think you have been scammed**

<https://nationalcrimeagency.gov.uk/news/fraud-scams-covid19>



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## 3 Points to Practice at Home

to protect yourself from becoming a victim of  
scams

If someone approaches you at your home to offer help

**1. Ask for ID**

Make sure the person shows you proof of who they claim to be

**2. Don't be rushed into making a decision**

Don't feel pressured to decide what to do on the spot. A person will not rush or make you panic to accept volunteer

**3. It's okay to say 'no'**

If you are still not sure, feel free to reject the offer until you someone who can verify the offer. Again, a legitimate person will not rush or make you panic to accept volunteer help.



legitimate  
help.

can speak to

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