



**h&f**  
hammersmith & fulham

# About Boys Course 0-5 years

The Confident Parent Happy Child Project is offering a 4-week course for parents/carers living in Hammersmith and Fulham who have a boy 0-5 years of age.

The course offers parents/carers

- An understanding of boys, their behavior and development
- Practical techniques to help set boundaries and provide discipline
- Confidence in getting the best out of boys
- Managing transition



## Programme delivered virtually via Zoom

to register and book a place  
or for more details contact

Seetal Tank on 07732 681739 or email [seetal@upg.org.uk](mailto:seetal@upg.org.uk)