URBAN

PARTNERSHIP GROUP













ANNUAL REPORT | 2023







WHO WE ARE ...

Urban Partnership Group is committed to improving the health, wealth and well-being of individuals living and working in Hammersmith and Fulham and the surrounding areas, we believe there is something for everyone at the Urban Partnership Group.

Our purpose is to help transform the lives of the most disadvantaged and marginalised individuals in our community and empower them.



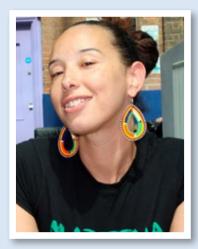
A FEW WORDS FROM OUR CHAIR...

UPG has experienced many changes over the last few years. This can be unsettling, but I am hugely impressed with the positive way everyone involved has adapted and bought immense energy to keep centres and services running with positive activities.

We are now in a great position to look ahead and rebuild services and

improve the centres even further. By having a clear strategy, we can focus on activities that will have the biggest impact for individuals we support and the communities we serve.

Kamini Sanghani – Chair



A FEW WORDS FROM OUR CEO...

As the new CEO of The Urban Partnership Group, I welcome change and vision to support UPG on its new journey.

My background is in alternative arts education, managing cultural projects, and working in the voluntary sector, with organisations that serve our local communities.

I am committed to, and passionate about

celebrating diversity as much as providing nurturing opportunities that allow our service users to thrive and be inspired.

I was attracted to UPG's holistic approach and ethos of embedding health and wellbeing into the heart of all their projects. I love that we work with families, and all ages, from 0-100, both encouraging intergenerational work, but providing care, engaging projects and workshops, interesting trips, and excursions to all.

Camille Curtis - CEO

2023 FIGURES AND HIGHLIGHTS

OVER 100 families supported by our Outreach Team

1,280
families supported with a child under 5

203
new families registered for Rose Voucher Scheme

parents supported to complete an evidence-based parenting programme

790



elders participated in our activities programme this year 281

volunteer hours given by the Community & Maternity Champions



58

2-year olds have benefitted from 15 hours fully funded nursery care **89** learners enrolled onto

learners enrolled onto our adult education programme



170

Disclosure and Barring Service checks completed



individuals completed a
2-day Mental Health First
Aid training course

MHFA England
INSTRUCTOR
MEMBER

OVER
400
young people attended
Masbro Youth Club

Volunteer Befriender hours delivered to elders

UPG VOICES FROM 2023



Staff give outstanding service

FREEDOM PROGRAMME



J am much more confident with my Smart phone'

Masbro Elders



Very happy with the service!

Masbro Children's Centres



'The building looks amazing since refurbishment

ART DEPARTMENT



We would like more of the amazing activities and outings

EDWARD WOODS COMMUNITY



We want more days to do more training



Rest course I have ever done, It makes me the best person I can be!

STRENGTHENING FAMILIES PROGRAMME



My daughter listens more because I stay calm

STOP PROGRAMME



BROOK GREEN NURSERY

We have had another wonderful year in Nursery, supporting our children and their families to access care, support and education. Our team have worked hard providing stimulating activities and supporting the children's learning helping them progress and thrive.

This year we have enjoyed some lovely family parties, celebrating Eid, the Kings coronation, Easter and a big Summer Party.

We are finishing the year with a Christmas party for our children and families which is always a huge amount of fun!

2023 has been a great year — with 2024 promising even more excitement ahead!







SUPPORT FOR CHILDREN WITH SEND

Masbro Brook Green Nursery provide a safe nurturing space for all children to thrive and enjoy.

Children with SEND are well supported with compassionate and dedicated educators who ensure their individual needs are met.

Our SENCO works alongside parents to provide support and advice, tailoring a plan which works for their individual child's needs.

We provide regular meetings as well as coffee mornings to give parents a space to come together.

Our goal for 2024 is to develop a dedicated sensory space for all children to benefit from which further enhances our provision.



MASBRO & FLORA GARDENS

CHILDREN'S CENTRES

Masbro and Flora Gardens Children's Centres have continued to deliver an extensive programme of activities and services to children under 5 years old and their families this year! Each week we deliver approximately 25 different sessions across our sites to ensure families have access to daily activities at a variety of different locations.

Sessions delivered are designed to meet the needs of our local families, including Rising 3's to support school readiness, Talk and Learn to support communication needs and Little Stars for SEND children. Our Baby programme has gone from strength to strength delivering Baby Massage, Treasure Baskets, and Paediatric First Aid classes across sites. In 2023, we were able to welcome over 1280 individual families to our children's centre activities, an increase from last year! Our experienced staff team speak over 20 different community languages between them, helping us to create a warm, welcoming, and inclusive environment for everyone!



A BIG THANK YOU!

A BIG THANK YOU to the Children's Centre Staff, Outreach Workers, Administrators, Nursery Team, Parenting Project, Volunteers, and partners who make it possible for us to deliver an exceptional service that provides children in Hammersmith and Fulham the best start in life!

FAMILY OUTREACH TEAM

Our Family Outreach Team continues to provide 1:1 support for families with a wide range of issues including benefits, financial difficulties, housing, and immigration.

This year we supported

100 FAMILIES

to overcome challenging situations, feel empowered and achieve better outcomes for themselves and their children.





CONFIDENT PARENT HAPPY CHILD

Confident Parent Happy Child and Parents @ Masbro Parenting Projects continue to provide wide range of evidence-based positive parenting programmes across Hammersmith and Fulham.

This year the projects have successfully supported 280 parents to complete one of 43 programmes and workshops including 2 programmes, Triple P and SFSC, delivered with Arabic support.

100% of parents rated the programmes/workshops good and excellent. Parents were supported in building their confidence, knowledge and understanding and all **100% reported positive outcomes** for them and their families.

Parenting programmes and workshops were offered across 13 Hammersmith and Fulham settings to make parenting support easy to access.



In partnership with Community CHAMS Autumn 2023 programme was able to offer "Parent Led Child Anxiety Group" that explored anxiety in children and gave parents strategies to support children to overcome their anxieties.

FEEDBACK FROM PARENTS WHO COMPLETED OUR PARENTING PROGRAMMES

"I have learned to have more patience, listen more and I can already see change in my child."

"Special Time has helped me and my son to improve our relationship and also helped my son to feel able to open up to tell me anything."

"I am proud of myself as I have changed myself and have more information and confidence."

"I used to pay more attention to bad behaviour and now I make sure I praise all the good behaviour which resulted in less bad behaviour."

"It good to be able to understand" feedback from Arabic speaking parent

MASBRO YOUTH CLUB



Masbro Youth Club uses a range of interesting, educational and fun activities, to promote the social and personal development of young people in a safe and community oriented environment.

Social interaction and self-expression are at the core of our values, and our service is youth led via our Youth Committee and Young Volunteer programmes.

Our Youth Committee has been instrumental in supporting our programme over this past year, volunteering in the youth club while setting up various social action projects to improve Masbro Centre and also support the local community. They raised over £1500 towards supporting the youth club through various fundraising activities and have recently received funding for an eco-council programme that will meet fortnightly throughout 2024 to formalise their work moving forward.

2023 saw us engage over 400 young people, visit three residential centres, provide half term activities in every half term including Christmas via our 'Fit n Fed' programme, and run three community fun days each attracting over 200 people to attend. We provide food and physical activity in every youth club session and everything we do on-site is free for all young people.

We look forward positively to 2024, continuing our programme delivery and supporting the needs of local young people and the local community.

2023
saw us engage
OVER
400
young people

Overnight stays in 3
RESIDENTIAL CENTRES

MYC members raised £1500 to support their Youth Club We provide
HEALTHY
FOOD
IN EVERY
Youth Club
Session







MASBRO ELDERS PROJECT

This year has seen us continuing to fulfil our commitment to supporting and enhancing the lives of older people in the community through a variety of engaging and enriching activities. From outings and creative workshops to gardening and wellbeing sessions, we've enjoyed creating a holistic and supportive environment for our members.

Outings and coach trips have been a highlight of the year, providing opportunities for over 100 elders to explore new places, enjoy the company of others and get out into the fresh air. From experiencing the beauty of the Sussex Downs, enjoying brisk walks along the pier at Southend-on-Sea and discovering the delights of Winchester's Christmas Market, these excursions have not only offered enjoyment but have fostered new connections and created lasting memories.



Creativity for Wellbeing has been at the heart of many of our sessions this year. Inspired by the gardens at Chiswick House, we've made plant dyes, pressed flowers and created colourful mandalas using petals, plants and seeds.

Our Friday art group continues to flourish and held their Summer Exhibition in June at the Masbro Centre.

Royal College of Art students have joined us for drawing and music workshops and we will round up the year making our own festive wreaths with Hammersmith Community Gardens Association. Our new association with the Queens Club Foundation has seen a group of elders now regularly enjoying tennis sessions in Bishops Park. We were delighted to be invited to Fulham Memories lunches at the Hurligham Club this year and we look forward to further involvement with the Fulham FC Foundation in 2024.

Our Volunteer Befrienders have delivered over **617** hours of home visits and calls this year and we continue to provide ease work and signposting to frail and housebound elders.







EDWARD WOODS COMMUNITY CENTRE

2023 has been an exceptional year for EW, for many good but a few not so good reasons... On the plus side we were able to offer over 52 activities, mostly regular weekly sessions for a variety of ages and interests, and with 15 busy new groups the footfall into the centre has increased by about 45%.

These activities included Stay & Learn, baby massage, family sports and parenting for families, multi sports, martial arts and Sunday school for young people, and line dancing, Deafplus, table tennis and still life drawing for the over 50's.

Sadly, the end of funding meant we lost the Community Champions project in in March 2023, this impacted on our befriending, support and health services, family outings and the food distribution. We dearly miss Alecia's hard work and professionalism.

Since the start of the pandemic (March 2020) we have had over 520 clients registered on our food distribution collections and delivery service, which had become a lifeline to hundreds of families, individuals, the elderly, housebound and homeless.

With 15 busy new groups the footfall into the centre has increased by approximately

45%!!!

Happily, we have had several fun events including:

- ★ Our over 50's enjoyed a day out in Brighton.
- ★ Country Roads performance.
- ★ Great Christmas Feast and performance of Charles Dickens play at The Lost Estate.
- ★ Macmillan Coffee morning raised £826.
- ★ Day trip to Winchester cathedral & Christmas market.
- ★ Fabulous Christmas lunch party for over 80 elders.

Thank you to the volunteers from the Neighbourly network who repainted our front entrance, wooden fences, garden furniture and meeting room. Further thanks to the volunteers from Samsung and Faye's film crew who helped with preparing and serving at the Christmas party.







ADULT LEARNING

This year 89 Learners have successfully began their journey and achieve their learning outcomes alongside personal goals through enrolling and engaging on our adult skills learning programme this year. We have continued to see Learners access a variety of classes including Functional Skill English. Math's, ICT, ESOL and Employability workshops.



A great way to access the programme is our onsite creche facility that has enabled many of the parents to attend their classes and receive much-needed childcare, which if not there would exclude them from learning. Our learners have come from all over the world to learn with us this year we have counted 11 different countries, we are proud to have asylum seekers, refugees and those who have immigrated to the UK for various reasons, and they all have been able to create a warm and beautiful community within the classes and programme, all having one thing in common a 'desire to learn'

We have welcomed new additions to our training department including 3 new tutors and a new manager. Our teachers have created a robust and creative scheme of work, facilitating new ways of learning and the classrooms are buzzing with laughter, learning and brand new experiences.

We are looking forward to this New year coming with our new staff delivering over 184 classes last year alone. We will be supporting our learners with masterclasses and speakers alongside well deserved trips to enhance their learning experience and promote attainment and engagement to the programme.

J enjoy meeting othr students, break times are great, we have a chat over a cup of tea, have food and stories.



Without the créche I wouldn't be able to attend. It took a my child a while to settlee but now she is happy!

FUTURE PLANS FOR 2024 AND BEYOND...

After a difficult couple of years we are looking to rebuild on the resilience we have shown in the past couple of years. Our key growth areas continue to be:



FAMILY HUBS – establishing family hubs across our centres will put children and young people first. Our hubs would provide a central access point for integrated services for families. This would enable families to make the most of all that UPG and its strategic partners have to offer.



GREENER SERVICE INFRASTRUCTURE – ensuring we are matching the Councils ambition to be Carbon Neutral by 2030. This will mean we continue to monitor and adapt services and premises so we can do things better and reduce our impact on the environment and its precious resources. We will also support the community to make the changes necessary to play their part too.



HEALTH AND WELLBEING – we aim to develop more effective self care networks supporting health and social care initiatives, alleviating social isolation and promoting self care initiatives and tackling the cost of living crisis.



HOLISTIC SOLUTIONS PROVIDING OPPORTUNITIES FOR ALL – Whether it be through technology changes and patterns of working, opening up new avenues of communication and service delivery, UPG is showing flexibility and creativity in providing inclusive services to all.



VOLUNTEERING AT UPG...

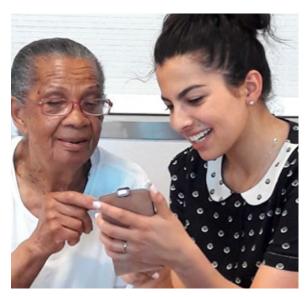


YOU CAN MAKE A DIFFERENCE

Volunteering is at the heart of the Urban Partnership Group, the contribution our volunteers make to the lives of individuals and the local community is vital.

We provide volunteers with opportunities to develop skills, knowledge, and experience. Volunteers receive ongoing support and training to help them in their own personal and professional development. Our wide range of volunteering opportunities ensures there is something for everyone.

Volunteering opportunities exist within the Children's Centre, Brook Green Nursery, Masbro Youth Club, Confident Parent Happy Child parenting service, Elders service, Food Distribution, reception and administrative support.







If you would like to find out more, contact the team on 020 7605 0800 or email info@upg.org.uk

FINANCE & UPG TRUSTEES



	2022 – 2023	2021 – 2022
Income	£1,754,525	£1,736,209
Expenditure	£1,762,166	£1,867,306
Surplus/(deficit)	(£7,641)	(£131,097)
Restricted Funds	0	£2,943
Unrestricted Reserves	£322,619	£327,317

This summary is only an extract from the full Financial Statements which are available on request

TRUSTEES OF THE URBAN PARTNERSHIP GROUP BOARD

Maria Camacho
Franco Chen
Jacolyn Daly
Hope Hanlan
Vallon Leitão Amrani
Grace Poku
Kamini Sanghani (Chair)
Andy Sharpe (Secretary)
Cristina Tragni





A BIG THANK YOU TO OUR FUNDERS & PARTNERS

FUNDERS

Addison Youth John Lyons Charity Neighbourly Let Me Play Hammersmith & Fulham NHS London Borough of Hammersmith & Fulham

City Bridge Trust **London Sport** Groundworks / Veolia Hammersmith United Charities

London Youth The Daisy Trust Imperial College Jack Petchy Trust for London NatWest

National Youth Agency **Table Tennis England**

PARTNERS

Public Health England Mind / Young Minds Fun Pact

London Fire Brigade Nourish Hub

Age UK **SOBUS**

Young Hammersmith & Fulham

Royal Palaces CAS Kew Gardens

V&A

Chiswick House & Gardens

Hammersmith Community Gardens

Association

Citizens Advice H&F Science Museum

Fulham FC

Queens Club Foundation

Milson Road NHS Clinic Physio Team

Morgan Sindall

Fulham Reach Boat Club

NHS WEST LONDON YAP (Young

Adult Pathway)

The VIP (Violence Intervention Project)

The GVEU (Gangs, Violence, and

Exploitation Unit) StreetGames Sported

Tri-Borough Music Hub Royal College of Arts

IK Arts Eat Club Groundworks

QPR FC in the Community

Imperial Shaw Trust Annual report designed by Tessa Sanders-Barwick







Tel: 020 7605 0800 • Email: info@upg.org.uk • Website: www.upg.org.uk