CHILDREN'S CENTRES



January to April Programme

MASBRO CHILDREN'S CENTRE • FLORA GARDENS CHILDREN'S CENTRE **EDWARD WOODS COMMUNITY CENTRE • BROOK GREEN FAMILY CENTRE**

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WELCOME TO OUR SPRING 2024 PROGRAMME

The beginning of a new year is always filled with anticipation, and here at Masbro Children's Centres, we are excited about the possibilities that 2024 holds! Reflecting on the past year of 2023, we celebrate the significant milestones and many successes we have achieved, despite some challenges!

As always, we are committed to making 2024 an exceptional year for the children and families in our local community!



LITTLE STARS SEND ★ PLAY & LEARN ★

A group which offers SEND children a calming sensory play experience, where parents can meet other parents and access support and advice.

1.00 – 2.30pm on Fridays 12 Jan – 22 Mar Flora Gardens Children's Centre



TALK & LEARN

'Talk and Learn', our communication group which supports children with their early language development and provides families with tips and ideas on how to best support their child, has now moved to Flora Gardens Children's Centre.

5 Week Programme 1.00 - 2.30pm Tuesdays 16 Jan - 13 Feb • 27 Feb - 26 Mar at Flora Children's Centre

A Year of Successes!

IN 2023, OUR CHILDREN'S CENTRES HAVE CONTINUED TO THRIVE & GROW

Across all our centres, we have successfully delivered over 2,000 activities for children and families. This has enabled us to warmly welcome over 1,280 individual families to our centres this year.

These impressive figures demonstrate our dedication to ensuring local children always have activities available every day of the week to support their learning and development, and families have access to additional support if needed.



RISINGS 3'S AT MASBRO



Due to popular demand, we will be introducing an additional Rising 3's session to Masbro Children's Centre.

Rising 3's is a fun and engaging session, which supports your child to build their confidence, become more independent and begin to learn the skills, they need to start school.

Every Monday afternoon 1.00 – 2.30pm 15 Jan – 25 March Masbro Children's Centre

THE BABY & TODDLER CLUB

Are you a parent under 25 years old? Our 'Baby and Toddler' club encourages young parents to meet up, share experiences, enjoy lunch together and explore the wonderful woodland garden with their children.

12.30 – 2.30 Thursdays 11 Jan – 28 Mar (Half Term 12 – 16 Feb) Brook Green Family Centre Contact karine@upg.org.uk



Making Small Steps into Big Adventures! SUPPORTING SAL'S SHOES

At Masbro Children's Centres we are always committed to helping others! This term we will be supporting the charity **SAL'S SHOES**, who distribute pre-loved shoes to those around the world in need.

Please donate any shoes your little one has outgrown, so they can find another loving home. (Shoes should not be outworn, have holes or be without laces.) If you would like to help, please drop off the clean shoes to Masbro or Flora Garden's Children's Centres. You are welcome to include a note for the new owner too!

Each pair donated symbolises kindness, compassion, and the belief that every child deserves a chance to walk comfortably towards their dreams. We're not just offering protection for little feet but also the hope for a brighter future!!

Thank you!

For every
pair of shoes donated,
Masbro Children's Centre
will donate £1 to pay for their
journey to find a new pair
of feet!





Brunilda Xhemaj

VOLUNTEER OF THE TERM

Volunteering is at the heart of UPG and we are grateful to the volunteers who support us during our Children's Centre sessions.

Our 'Volunteer of the Term' is Brunilda Xhemaj who has been a huge support to sessions at Flora Gardens Children's Centre!

If you are interested in volunteering at Masbro Children's Centres, please ask for a volunteer application form or contact vallon@upg.org.uk for more details.

MEET THE MASBRO CHILDREN'S CENTRE TEAM



ValionChildren's Centre Manager



KarineOutreach Worker



ShaistaEarly Years Educator



Miho Administrator



Aida Senior Outreach Worker



Amel
Early Years Educator



Sharafat Early Years Educator



BeataOutreach Worker



Mimi Early Years Educator



Monika
Senior Administrator

WE SPEAK OVER LANGUAGES!

Albanian, Amharic, Arabic, Croatian,
Dari, English, French, Hindi, Hungarian,
Japanese, Konkani, Pashto, Persian,
Polish, Punjabi, Saho, Somalia,
Thai, Tigrinya, Urdu and
more!

MASBRO OUTREACH AND AFFILIATED SERVICES

OUTREACH SERVICES

Masbro & Flora Gardens Children's Centres Outreach workers provide practical and emotional support to parents and carers. If you would like advice or support speak to a member of staff or contact Vallon on 020 7605 0800 or 020 8741 7892 to make an appointment.

FREE HEALTHY START VITAMINS

We distribute free women's and children's vitamins, to pregnant women and families living in H&F with children under 5 years.

Contact Monika for Masbro on 020 7605 0800 monika@upg.org.uk OR Miho for Flora Gardens Children's Centre, mihoko@upg.org.uk 020 8741 7892

BOOKSTART PROGRAMME



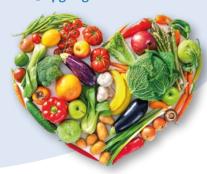
The Bookstart Programme includes a **FREE BOOK** to share with your child/ren to make stories fun, whilst encouraging language development by learning new rhymes.

Contact Beata on 020 7605 0800

ROSE VOUCHERS

Would you like to buy more fruit & veg? The scheme supports women and young families living on low incomes to buy and eat more fruit & vegetables.

Contact Beata for Masbro 020 7605 0800 beata@upg.org.uk
OR email Flora Gardens Children's Centre aida@upg.org.uk



USEFUL INFORMATION

JOBCENTRE PLUS

Jobcentre Plus provides resources to enable job-searchers to find work.

Phone 0800 169 0190 for more information

FAMILY INFORMATION SERVICE

The Family Information Service (FIS) provides information and advice on a range of services for children and young people aged 0-19 years old.

Phone 0845 313 3933 (calls charged at standard rate) or visit www.lbhf.gov.uk/fisd

LONDON PLUS CREDIT UNION LTD

London Plus Credit Union Ltd provide a range of financial services to the community.

Phone 020 7471 2620 or visit www.londonpluscu.co.uk

CHILDMINDERS ADVICE AND SUPPORT

Contact Andrea Lawler-Ford Early, Years Advisor, Early Years Foundations Service 07500 992 562

MASBRO BROOK GREEN UNDER THREES' NURSERY



Our Ethos – is one of learning through play. We believe children of 2 years old learn best when given the freedom

to explore, which is why we encourage free flow play as much as possible. We create an environment rich in learning opportunities which gives children the chance to have experiences they may never have had before.

Masbro under Three's Nursery offers 15 hours free childcare to children who are 2 years old and eligible for the funding.

2 YEAR OLD FUNDING

The government funds places for two-year-old children from low-income families who receive benefits. In order to be eligible, families must be resident in Hammersmith & Fulham and also be in receipt of certain benefits.

Nursery sessions run on Mondays, Tuesday & Wednesdays 10.00 – 3.00pm Term time only

For more information contact Kayleigh 07702 335 120 or kayleigh@upg.org.uk

MEET THE TEAM



KayleighNursery Manager



DafinaInager Deputy Nursery Manager



YoditEarly Years Educator



Chanita Early Years Educator



Kamila Early Years Educator

CONFIDENT



PARENTING PROGRAMMES

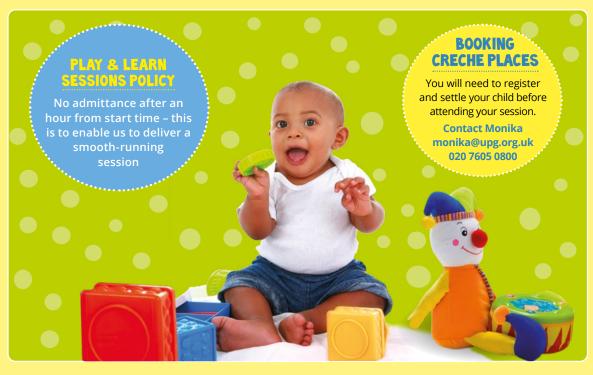
Are you interested in learning some new parenting skills to support you and your child?



Marina | Parenting Project Manager

Our 'Confident Parent, Happy Child' parenting department offers a wide range of parenting programmes for parents and carers of children 0-18 years of age across Hammersmith and Fulham.

Check out their programme or contact Marina at marina@upg.org.uk



Come and visit us at one of our 4 Children's Centres and see what is on offer for you and your children!





*MONDAYS

MASBRO CHILDREN'S CENTRE



PLAY & LEARN 9.30 - 11.30am

Followed by Stories & Rhymes

15 Jan – 25 Mar (Half Term 12 – 16 Feb)) • Ages 0-5 Fee £1.00 (free if you are on benefits) • Drop in

A fun session encouraging exploration and creativity.

- Speech and Language Therapist Drop-In 15 Jan • 19 Feb • 18 Mar • 15 Apr
- Place2Play 10.00 10.30am 15 Jan (part of Play & Learn)

Place2Play is an inclusive family 'pop up sports' programme, fun games that emphasises developing children's agility, balance and co-ordination skills in children aged 2-11. Parents are encouraged to join in.

PERINATAL CLINIC 9.30 – 1.30pm

Appointment only

West London NHS Trust

SKILLS FOR EMPLOYABILITY 10.00 - 12.00pm

15 Jan – 28 Mar (Half Term 12 – 16 Feb • No crèche Contact Seerina 020 7605 0800 seerina@upg.org.uk

ICT 1.00 - 3.00pm

15 Jan – 28 Mar (Half Term 12 – 16 Feb • No crèche Contact Seerina 020 7605 0800 seerina@upg.org.uk

RISING 3's 1.00 - 2.30pm

15 Jan – 25 Mar (Half Term 12 – 16 Feb) • Age 2 1/2

Help your child prepare for school by joining our Rising 3's sessions. A fun, stimulating environment where your child will be supported to become more independent and begin to learn the skills, they need to start school.

Booking essential 020 7605 0800 monika@upg.org.uk

FLORA GARDENS CHILDREN'S CENTRE

INCREDIBLE YEARS (Baby Programme) 11.00 – 1.00pm

29 Jan - 11 Mar

An interactive session for parent and baby together. A 6-week programme for parents with babies 0-1 years of age. The programme provides parents with information on how to support their baby's development, language and social skills

Booking required, contact Marina 07740 752 679 email marina@upg.org.uk

• SLEEP MANAGEMENT WORKSHOP 11.00 – 1.00pm

18 Mar • Babies are welcome Booking required, contact Marina 07740 752 679 email marina@upg.org.uk



ANTENATAL CLINIC 9.00 – 5.00pm Appointments only Queen Charlotte's & Chelsea Hospital 020 3313 3926



MASBRO CHILDREN'S CENTRE

PARENTSACTIVE 10.00 - 12.00pm

16 & 30 Jan • 27 Feb • 12 & 26 Mar

Meet up with other parents/carers of children with special needs, have a coffee and listen to specialist speakers.

Contact Nandini on 020 8748 5168 nandini.ganesh@hfmencap.org

BUTTERFLY PROJECT 10.00 – 12.00pm

9 & 23 Jan • 6 & 20 Feb • 5 & 19 Mar

A community-based women's group, run by survivors for survivors. It provides support for women who have experienced or are currently experiencing domestic abuse. Activities include meditation, relaxation, confidence building and art therapy. Contact angeloureferral@hestia.org



THE MONEY COURSE 1.00 – 3.00pm

16 Jan - 13 Feb

A 5 week money management course to help families better manage their finances and their day-to-day money.

Limited créche spaces available.

Booking essential 07740 752 679 or marina@upg.org.uk



DAISY PAEDIATRIC FIRST AID 10.00 – 12.00pm 6 Feb • £10.00 per person

Come and learn essential life-saving skills at our 2-hour paediatric first aid class. It is relaxed, practical and fun covering CPR and recovery positions for babies and toddlers (and over 12 years). We practice what to do in the event of choking and discuss what to do if your little one has a febrile seizure, head injury, burn, or is bleeding. The class also covers meningitis, poisons, fractures and anaphylaxis.

Booking essential – email Monika monika@upg.org.uk No creché • Babies under 1 year are welcome ENGLISH FS ENTRY 3 10.00 – 12.00pm 15 Jan – 28 Mar (Half Term 12 – 16 Feb) • No crèche

Contact Seerina on 020 7605 0800 or seerina@upg.org.uk

ENGLISH FS WRITING L2 1.00 – 3.00pm 15 Jan - 28 Mar (Half Term 12 – 16 Feb) • No crèche Contact Seerina on 020 7605 0800 or seerina@upg.org.uk



ABOUT BOYS 1.00 – 3.00pm

27 Feb - 19 Mar

A 4 week group for parents/carers who have boys between 0-5 years of age.

The programme supports to have a better understanding of boys and their development and offers practical techniques to support with boundaries and discipline.

Booking required, limited crèche places available for children under 5 years of age

Contact Marina 07740 752 679 or marina@upg.org.uk

BROOK GREEN FAMILY CENTRE

PARENTING WORKSHOPS

No crèche • Booking required

Contact Marina 07740 752 679 or marina@upg.org.uk

PARENTING TIPS ON COMMUNICATION AND LANGUAGE DEVELOPMENT 10.00 –12.00pm 23 Jan

HOW TO TEACH CHILDREN TO COOPERATE 10.00 – 12.00pm 5 Mar

FLORA GARDENS CHILDREN'S CENTRE

RISING 3's 9.30 – 11.15am

9 Jan – 26 Mar (Half Term 12 – 16 Feb) • Age 2 $\frac{1}{2}$

Help your child prepare for school by joining our Rising 3's sessions. A fun, stimulating environment where your child will be supported to become more independent and begin to learn the skills they need to start school.

Booking essential 0208 741 7892 mihoko@upg.org.uk

DAISY PAEDIATRIC FIRST AID 10.00 - 12.00pm

12 Mar • £10.00 per person

Come and learn essential life-saving skills at our 2-hour paediatric first aid class. It is relaxed, practical and fun covering CPR and recovery positions for babies and toddlers (and over 12 years).

Limited creché spaces available – booking essential 0208 741 7892 mihoko@upg.org.uk



16 Jan – 26 Mar (Half term 12 – 16 Feb) • Fee £1.00 (free if you are on benefits) • Drop in

Babies' new-born to walking

A session for mothers and babies under 1 year old. Basket filled with natural, everyday items which babies can explore by themselves to expand their thinking skills.

TALK AND LEARN 1.00 – 2.30pm 16 Jan – 13 Feb • 27 Feb – 26 Mar 5-Week Programme

Fun sessions supporting communication and language development for under 5's. Referrals and self-referrals.

Booking essential, 0208 741 7892 mihoko@upg.org.uk

PARENTING WORKSHOPS

HOW TO MANAGE CHILDREN'S TANTRUMS 9.45 – 11.15am

30 Jan (with Eritrean language support)

FUSSY EATERS 9.45 – 11.15am 20.Feb (with Polish language support)

POTTY TRAINING 9.45 - 11.15am

26 Mar (with Albanian language support)
No creche, babies under 1 are welcome
Booking required, contact Marina 020 7605 0800

email marina@upg.org.uk

HEALTH REVIEWS 9.00 - 4.00pm

Appointments only • For any queries or to book an appointment please call 020 8102 3602

EDWARD WOODS COMMUNITY CENTRE



PLAY & LEARN 10.00 - 11.30am

16 Jan - 26 Mar (Half Term 12 - 16 Feb) • Drop in

Ages 0-5 • Fee £1.00 (free if you are on benefits)

A fun session encouraging exploration and creativity.

- Speech and Language Therapist Drop-In TBC
- Place2Play 11.30 12.00pm 16 Jan (part of Play & Learn)

Place2Play is an inclusive family 'pop up sports' programme, fun games that emphasises developing children's agility, balance and co-ordination skills in children aged 2-11. Parents are also encouraged to join in.



MASBRO CHILDREN'S CENTRE

MASBRO CHILDREN'S CENTRE



ROSE VOUCHER
COLLECTION & PLAY
9.30 – 11.30am
10 Jan – 27 Mar

(Half Term 12 – 16 Feb)

After collecting your vouchers stay on and join us for the

ROSE VOUCHER COLLECTION GROUP

Learn healthy recipes to cook using your Rose Vouchers. Share new ideas and cultural recipes using fresh fruit and vegetables, whilst involving your children in the fun of cooking!

Contact beata@upg.org.uk to see if you are eligible

STRENGTHENING RELATIONSHIPS WITHIN FAMILIES PROGRAMME 9.30 –11.00am 28 Feb – 13 Mar

A 3-week group course that looks at conflict as a normal part of any relationship. The programme supports parents to think about "constructive" ways to deal with disagreement as opposed to "destructive"

Booking required, • No crèche.
Contact Marina 020 7 605 0800 marina@upg.org.uk



IAIM BABY MASSAGE 1.00 – 2.00pm 5 Week Programme 28 Feb – 27 Mar Fee £10 to be paid week 1 (free if you are on benefits) Suitable for babies 8 weeks to crawling

Baby massage promotes your baby's health and flexibility, combining tender touch with specific massage techniques.

Contact Monika to book in advance 020 7605 0800



HEALTH REVIEWS 10.00 - 3.30pm

Appointments only • For any queries or to book an appointment please call 020 8102 3602

ENGLISH FS WRITING L2 10.00 - 12.00pm

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15 Jan - 28 Mar (Half Term 12 – 16 Feb) • No crèche Contact Seerina on 020 7605 0800 or seerina@upg.org.uk

ADULT EDUCATION & SKILLS MATHS 10.00 – 12.00pm

15 Jan - 28 Mar (Half Term 12 – 16 Feb) • No crèche Contact Seerina on 020 7605 0800 or seerina@upg.org.uk

ENGLISH FS READING & WRITING

1.00 - 3.00pm

15 Jan - 28 Mar (Half Term 12 – 16 Feb) • No crèche Contact Seerina on 020 7605 0800 or seerina@upg.org.uk

ADULT EDUCATION & SKILLS MATHS 1.00 – 3.00pm

15 Jan - 28 Mar (Half Term 12 – 16 Feb) • No crèche Contact Seerina on 020 7605 0800 or seerina@upg.org.uk





FLORA GARDENS CHILDREN'S CENTRE

PLAY & LEARN 9.30 – 11.30am 10 Jan – 27 Mar (Half Term 12 – 16 Mar) • Drop in Ages 0-5 • Fee £1.00 (free if you are on benefits)

A stimulating environment, encouraging exploration and creativity for you and your child to play and learn together with other children.

• Place2Play 11.00 – 11.30am (part of Play & Learn)

Place2Play is an inclusive family 'pop up sports' programme, fun games that emphasises developing children's agility, balance and co-ordination skills.



TRIPLE P PROGRAMME WITH ARABIC SUPPORT 1.00 – 3.00pm

21 Feb - 27 Mar

A 6-8 weeks programme for parents/carers who have a child between 0 - 12 years. Parents are introduced to a range of strategies to enhance parent child relationships and manage challenging behaviour.

Booking required, limited crèche places available. Contact Marina 07740 752 679 or marina@upg.org.uk



MAKING WITH MIMI 1.30 – 3.00pm 17 Jan – 7 Feb

Fee £1 (free if you are on benefits) • Drop in • 2-5 years

A fun and exciting session where children explore making different items each week including, Arts & Crafts, Gardening, and Baking.



IAIM BABY MASSAGE 1.30 – 2.30pm 5 Week Programme 17 Jan – 14 Feb Fee £10 to be paid week 1 (free if you are on benefits) Suitable for babies 8 weeks to crawling

Baby massage promotes your baby's health and flexibility, combining tender touch with specific massage techniques.

Booking essential contact mihoko@upg.org.uk
020 8741 7892

MASBRO CHILDREN'S CENTRE

STRENGTHENING FAMILIES STRENGTHENING COMMUNITIES 9.30 – 12.30pm

11 Jan - 28 Mar (Half Term 12 - 16 Feb)

13-week programme for parents/carers who have a child 3-18 years of age. Topics include positive discipline strategies, enhancing the parent child relationship, rites of passage, impact of family, community and culture and keeping children and young people safe.

Booking required • limited crèche places available. Contact Marina 020 7605 0800 marina@upg.org.uk

MUMMY AND ME FITNESS 10.00 – 11.30am Dates to be confirmed

Children up to 2 years old welcome.

A 6-week healthy lifestyle programme with gentle physical activity and nutrition advice to support mothers to achieve a healthier lifestyle.

FREEDOM PROGRAMME 1.00 - 3.00pm

29 Feb - 23 May

An 11-week programme aimed at women who have experienced domestic abuse. The programme aims to increase confidence, knowledge and understanding by helping them to identify and understand the tactics, behaviour and beliefs of abusive partners The programme also explores how children are affected by being exposed to the abuse and how their lives

Booking required, limited crèche places available. Contact Marina 020 7605 0800 email marina@upg.org.uk

are improved when the abuse is removed.

ESOL ENGLISH PRE-ENTRY & ENTRY 1 10.00 – 12.00pm

15 Jan - 28 Mar (Half Term 12 – 16 Feb) • No crèche Contact Seerina on 020 7605 0800 or seerina@upg.org.uk

ENGLISH FS ENTRY 3 10.00 – 12.00pm 15 Jan – 28 Mar (Half Term 12 – 16 Feb) • No crèche

Contact Seerina on 020 7605 0800 or seerina@upg.org.uk
ESOL ENGLISH ENTRY 2 & 3 1.00 – 3.00pm

15 Jan – 28 Mar (Half Term 12 – 16 Feb) • No crèche Contact Seerina on 020 7605 0800 or seerina@upg.org.uk

ENGLISH FS READING & WRITING 1.00 – 3.00pm

15 Jan – 28 Mar (Half Term 12 – 16 Feb) • No crèche Contact Seerina on 020 7605 0800 or seerina@upg.org.uk

HEALTH REVIEWS 9.00 - 4.00pm

Appointments only • For any queries or to book an appointment please call 020 8102 3602

BROOK GREEN FAMILY CENTRE



WOODLAND GARDEN OUTDOOR PLAY 9.30 – 11.30am

11 Jan – 28 Mar (Half Term 12–16 Feb) • Ages 0-5 Fee £1.00 (free if you are on benefits) • Drop in

A fun outdoor play session where children will explore our woodland garden and learn about nature.

SENCO ADVICE SESSIONS 9.30 - 11.30am

Access advice on how to best support your child with additional needs.

Booking essential kayleigh@upg.org.uk

THE BABY & TODDLER CLUB (YOUNG PARENTS GROUP) 12.30 – 2.30pm

11 Jan – 28 Mar (Half Term 12 – 16 Feb)

Parents under 25 will be able to access outreach support, have lunch, share experiences and meet other young parents, whilst their children play indoors or in our woodland garden.

YOUNG PARENTS WORKSHOPS TBC

- * Building Positive Relationships
- * Managing Challenging Behaviour
- * Preparing Children for Change
- * Potty training
- * Fussy eaters

Booking essential karine@upg.org.uk 0207 605 0800

FLORA GARDENS CHILDREN'S CENTRE

ANTENATAL CLINIC 9.00 – 5.00pm Appointments only • Queen Charlotte's & Chelsea Hospital 020 3313 3926

ROSE VOUCHER COLLECTION & PLAY 10.00 – 12.30pm

11 Jan - 28 Mar (Half Term 12 – 16 Feb)

After collecting your vouchers stay on and join us for the 🔻

ROSE VOUCHER COOKING & LUNCH GROUP

Learn healthy recipes to cook using your Rose Vouchers.

Share new ideas and cultural recipes using fresh fruit and vegetables, whilst involving your children in the fun of cooking!

Contact Aida aida@upg.org.uk to see if you are eligible

FRIDAYS



MASBRO CHILDREN'S CENTRE

TREASURE BASKETS & BABY RHYME TIME 10.00 - 11.30am 19 Jan - 22 Mar (Half Term 12 - 16 Feb) •.No session Fri

1 Mar (Staff training) •.Fee £1.00 (free if you are on benefits) •. For babies' new-born to walking •.Drop in A drop-in session for mothers and babies under 1 year old. Baskets filled with natural, everyday items which babies can explore by themselves to expand their thinking.



PERINATAL MENTAL HEALTH CLINIC 9.30 – 1.30pm

Appointment Only West London NHS Trust 0203 313 3033

IT TAKES A VILLAGE – PARENTS FORUM 2.00 – 3.00pm

22 Mar

We would love to hear your thoughts, comments, and suggestions about Masbro Children's Centres. Come along to our Parents Forum to help us plan and develop our service to meet your needs.

FLORA GARDENS CHILDREN'S CENTRE

HEALTH CLINIC 9.00 – 12.00pm

Appointments only • For any queries or to book an appointment please call 020 8102 3602



PLAY & LEARN 9.30 - 11.30am

12 Jan – 22 Mar (Half Term 12 – 16 Feb) • Drop in Ages 0-5 • Fee £1.00 (free if you are on benefits)

No Session Friday 1 March 2024 — Staff Training Day

A stimulating environment, encouraging exploration and creativity for you and your child to play and learn together with other children.

• Speech and Language Therapist Fridays 12 Jan • 23 Feb • 22 Mar

'LITTLE STARS' SEND PLAY & LEARN

Training Day)

* * *

1.00 – 2.30pm 12 Jan – 22 Mar (Half Term 12 – 16 Feb)

Ages 0-5 • Drop in session
No Session Friday 1 March 2024 (Staff

Session for children with special educational needs or disability.

SATURDAYS

FLORA GARDENS CHILDREN'S CENTRE

DAD'S PLAY & LEARN 10.30 - 12.30pm

27 Jan • 24 Feb • 23 Mar • Drop in

£1.00 (free if you are on benefit)

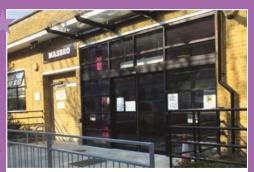
These drop-in sessions will offer a range of fun activities for dads/male carers to have fun with their child/children in a safe and stimulating environment.

NEW! HEALTH REVIEWS 9.00 – 2.00pm

Appointments only • For any queries or to book an appointment please call 020 8102 3602



MASBRO CHILDREN'S CENTRES



Masbro Children's Centre
Milson Rd entrance | 87 Masbro Rd | W14 OLR
T: 020 7605 0800 | E: vallon@upg.org.uk



Edward Woods Community Centre 60-70 Norland | London W11 4TX T: 020 7605 0800 | E:vallon@upg.org.uk



Flora Gardens Children's Centre
Dalling Road | London W6 0UD
T: 020 7605 0800 | E: vallon@upg.org.uk



Brook Green Family Centre 49 Brook Green | London W6 7BJ T: 020 7605 0800 | E: vallon@upg.org.uk

All areas of the programme cover the: **EARLY YEARS FOUNDATION STAGE**



- ★ A Unique Child ★
- ★ Positive Relationships ★
- **★** Enabling Environments ★
- ★ Learning and Development ★

Company Number: 3446256 Charity Number: 1092258



Tel: 020 7605 0800 • Email: vallon@upg.org.uk • Website: www.upg.org.uk
Twitter: www.twitter.com/MasbroCentre

Facebook: www.facebook.com/MasbroCentre